

## Zen Luxury Hair Extensions Advice

-Prior to the installation of hair extensions always ensure your hair is washed preferably with a clarifying treatment shampoo and no conditioner of any kind. This ensures all residues including oil and product build up are removed, these residues must be removed as this can prevent slippage and loss after installation. Your hair must be fully dried and free of any styling products as this will give the best base for application.

-The more heat you use on the hair extension the shorter the life span of the hair, treat your extensions with the same respect as you would with your own natural hair, superior aftercare and regular maintenance will keep your hair feeling and looking great for longer.

-After the installation of your hair extensions do not wash your hair for at least 2-3 days, use a dry shampoo on any oily root areas as this allows the bonds to fully harden, the longer you wait, the better it is for the longevity of the bonds. Never wear your extensions for longer than 3 months continuously as during this time your hair will have grown by approx. 1.5 inches, the roots of your hair often start to tangle together if you have not separated the bonds correctly and therefore it is not healthy for the hair if left.

-The first thing you may notice after your hair extension installation is that for a few days your scalp may feel tender and sore, this is normal and will pass and not a sign of a problem but just the added weight of the extension hair, if this does persist for longer than a few days this could be a result of the extensions been fitted too tightly in which case you would need to get this checked.

### AfterCare Instructions

#### When dry:

Make sure the only brush you use on or near to the bonds is an extension brush; these are designed specifically to ensure your bonds do not get snagged. When brushing it is important to hold the bonds to support them, this prevents excess tugging on the extensions.

#### When wet:

Wide Tooth Comb -Use only a wide tooth comb on the extension hair when wet.

### Washing

It is essential, that you only use sulphate free shampoo and conditioner hair care products when washing your hair. These products have been specifically designed to protect keratin bonds. extension hair should be washed 2-3 times per week. Before washing, de-tangle the hair and separate the bonds. When the extensions start growing down, the bonds need to be separated on a regular basis, to prevent matting occurring at the roots.

### Directions for Washing

Smooth the shampoo down the extension hair – don't rub, as tangling will occur. Make sure to get in amongst the bonds and scrub your scalp down.

Condition from the mid lengths to the ends of the extension hair. Do not apply conditioner to the bonds. Wash your hair upright (a shower is ideal). Never tip your extensions to wash over a sink or bath, pat hair gently to remove excess water. Again do not rub. Be very careful when washing long hair extensions in a hairdressing basin and hair can gather at the bottom of the basin and tangle.

### Drying

When hair is damp spray in Protein Spray or use Oil/serum. Dry your extension bonds first using the cool setting on your hairdryer. Never use the hot setting as this can melt bonds over a period of time.

Section your hair and blow-dry section by section using a round vent brush or extension brush. Point the hairdryer to the floor to smooth the extension hair. Never leave your hair extensions to dry naturally and never rough dry your extensions. When sleeping with hair extensions, plait your hair loosely and keep in over night. Always make sure your hair is dry beforehand.

Finish with hair straighteners or for a wavy style you can use heated rollers, tongs or any other heat tool. Keep heat away from your extension bonds and use a heat defence spray at all times. Always use a Heat Protection spray before blowdrying and applying heat.

### Holiday Care and Sun-bed Users

If using a sun bed wrap your hair in a towel to protect the bonds and the extension hair. Wearing your hair extensions abroad can cause dryness of the extension hair so try to keep it nourished. Whilst on holiday try not to get extension hair wet, if it does come into contact with chlorine wash your hair immediately. Your extension hair may dry out abroad so bear this in mind and give your hair a deep treatment upon return.